

THE GOLDEN CHRONICLE



*A Very
Happy
Easter
to You*

April 2026
www.fultoncountycoa.com





**FULTON COUNTY
COMMUNITY CENTER**
& Council on Aging

625 Pontiac St., Rochester, In. 46975



Your contribution is very important!
All donations made to the COA are tax deductible.

PLEASE ACCEPT MY DONATION OF:

\$300 \$200 \$100 \$50 \$25 Other _____

Name: _____

Address: _____ City: _____ State: _____ Zip: _____

Home Ph: _____ Cell Ph: _____ Email (optional): _____

Please attribute my gift to: Senior Activities Newsletter General Fund
 Memorial/Honorarium

Thank You for your donation

April 2026

AREA FIVE SENIOR MENU

Monday

Tuesday

Wednesday

Thursday

Friday

Did you know?

In the Southern Hemisphere, April is the same as October in the Northern Hemisphere, marking the end of spring.

Sausage Gravy &
Biscuits
Tater Tots
Pear Cup
Yogurt
Milk

BBQ Chicken
Baked Beans
Chuckwagon Corn
Pudding Cup
Bread
Milk

**AGENCY
CLOSED
GOOD FRIDAY**

Chicken Strips
Baby Bakers w/Sour
Cream
Peas
Dump Cake
Bread
Milk

Sallsbury Steak
w/Gravy
Mashed Potatoes
Carrots
Peach Cup
Bread
Milk

**CHEF
SPECIAL**

Ham & Beans
Oven Fried Potatoes
Pickled Beets
Cornbread
Milk

Potato Crusted Fish
Mac & Cheese
Green Beans
Cookie
Bread
Tartar Sauce
Milk

Penne Pasta
w/Meat Sauce
Broccoli
Applesauce
Garlic Bread
Milk

Baked Chicken
Garlic Mashed
Potatoes
California BI Vegetable
Tropical Fruit Cup
Bread/Milk

BBQ Pork
Cheesy Potatoes
Stewed Tomatoes
Pie
Bun
Milk

Meatballs in Sauce
Rice Pilaf
Buttered Cauliflower
Pineapple
Milk

Philly Cheesesteak
Casserole
Corn
Mandarin Orange Cup
Fruit Crisp
Milk

Hamburger
Ranch Potatoes
Creamed Corn
Jello-o
Bun
Milk

Chicken Cutlet
Sweet Potatoes
Broccoli
Pineapple Cup
Bread
Milk

Lasagna Roll
Toss Salad
Spiced Apples
Flavored Craisins
Garlic Bread
Milk

Baked Ham
Scalloped Potatoes
Brussel Sprouts
Texas Sheet Cake
Roll
Milk

Chili Hot Dog
Macaroni &
Cheese
Sliced Cucumbers
Grapes
Hotdog Bun
Milk

BBQ Riblet
Red Skin Potatoes
Succotash
Applesauce Cup
Bun
Milk

Chicken Alfredo
Seasoned Green
Beans
Fruit Crisp
Breadstick
Milk

Sausage & Egg
Croissant
Diced Potatoes
Pears & Blueberries
Brownies
Milk

Breaded Tenderloin
Coleslaw
Pears
Ice Cream Cup
Bun
Milk

April

2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 April Fool's Day Bingo 9:30 Exercise class 10 Mahjong 12:30	2 Chair Yoga 10:30 Bridge 12:00	3 Good Friday <u>Closed</u>	4
5 Easter	6 Bingo 9:30 Exercise class 10 Euchre 9:30	7 Open Crafting 9:00 – 11:30 T.O.P.S. 3:30	8 KRSH Bingo 9:30 Exercise class 10 Mahjong 12:30	9 Open Crafting Chair Yoga 10:30 Bridge 12:00	10 Bingo 9:30 Exercise class 10	11
12	13 Bingo 9:30 Exercise class 10 Euchre 9:30	14 Open Crafting 9:00 – 11:30 T.O.P.S. 3:30	15 TAX DAY Bingo 9:30 Exercise class 10 Euchre 9:30 Mahjong 12:30	16 DNB Open Crafting Chair Yoga 10:30 Bridge 12:00	17 Bingo 9:30 Exercise class 10	18
19	20 Bingo 9:30 Exercise class 10 Euchre 9:30	21 Open Crafting 9:00 – 11:30 T.O.P.S. 3:30	22 KAB Bingo 9:30 Exercise class 10 Euchre 9:30 Mahjong 12:30	23 Open Crafting Chair Yoga 10:30 Bridge 12:00	24 Bingo 9:30 Exercise class 10	25
26	27 Bingo 9:30 Exercise class 10 Euchre 9:30	28 Open Crafting 9:00 – 11:30 T.O.P.S. 3:30	29 Bingo 9:30 Exercise class 10 Euchre 9:30	30 Open Crafting Chair Yoga 10:30 Bridge 12:00	Hello May	



Fulton County Council on Aging
& Fulton County Transpo

will be **CLOSED**

Friday, April 03, 2026

and resume regular hours on

Monday, April 06, 2026

Thank you

**HEALTH SCREENINGS,
COMMUNITY RESOURCES,
VACCINES, GIVEAWAYS
AND MORE!**

ALL
SERVICES
ARE
FREE

The first 50 participants will receive
a free hygiene kit and \$10 gas card



**INDIANA
IMMUNIZATION
COALITION**
#VACCINATEINDIANA

**Wednesday, April 8
3:30 – 6:30 pm**

**Fulton County Community
HEALTH FAIR**

Fulton County
Fairgrounds
1009 W. 3rd St.
Rochester, IN 46975

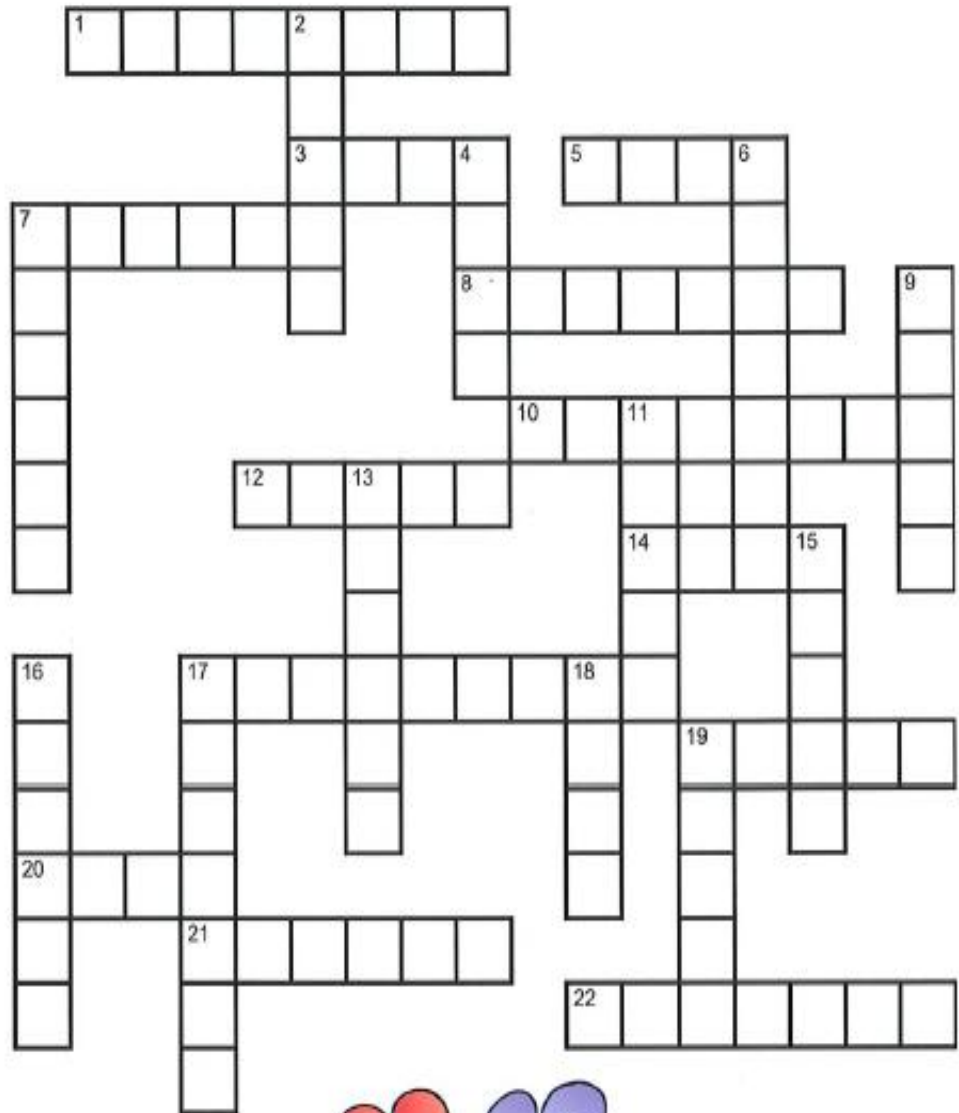
Spring is Here!

Across

1. It warms and brightens everything.
3. Warm up from a freeze.
5. They make honey.
7. Meal in the park.
8. Colorful arc in the sky.
10. It keeps the rain off you.
12. The color of spring grass.
14. Where a bird lives.
17. An adult caterpillar.
19. A baby chicken.
20. What chicks hatch from.
21. It comes after winter.
22. Red insect with black spots.

Down

2. Come out of an egg.
4. Wiggly creature that lives in the ground.
6. Short rainfalls.
7. Small pool of rain.
9. What the lawn is made of.
11. Another name for a rabbit.
13. A spring holiday.
15. Holland is famous for this flower.
16. Just a little wind.
17. Flower on a tree.
18. It is green and on a plant.
19. It might hide the sun.



Word Bank: Bees, Blossom, Breeze, Bunny, Butterfly, Chick, Cloud, Easter, Eggs, Grass, Green, Hatch, Ladybug, Leaf, Nest, Picnic, Puddle, Rainbow, Showers, Spring, Sunshine, Thaw, Tulip, Umbrella, Worm



Paska Bread

Total Time Prep: 40 Min. + Rising Bake: 50 Min.

Yield 2 Loaves (12 Pieces Each)



Test Kitchen Approved

Paska bread, an egg-enriched bread with a beautiful braided top, is an Easter staple in Ukraine. But it looks and tastes wonderful at any time of year.

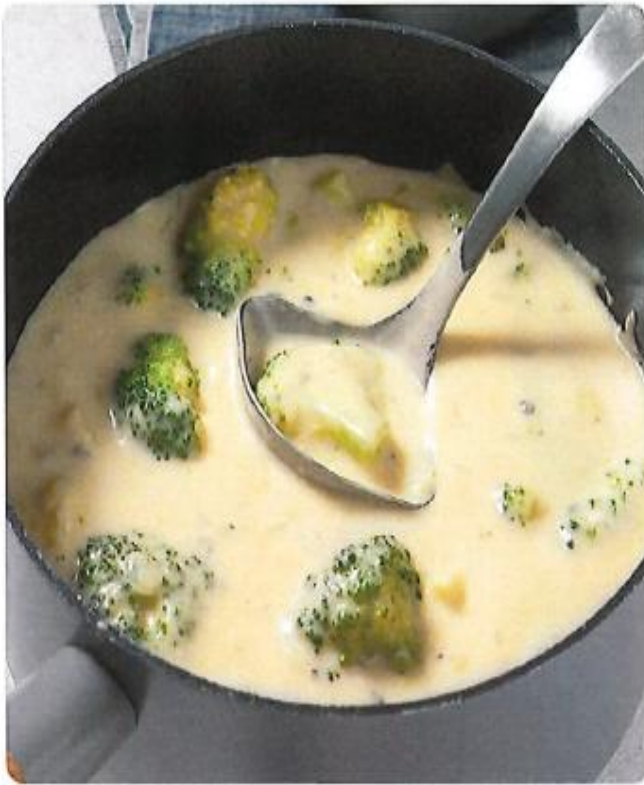
Ingredients

- 2 packages (1/4 ounce each) active dry yeast
- 1 teaspoon plus 1/3 cup sugar, divided
- 4 cups warm water (110° to 115°), divided
- 1 cup nonfat dry milk powder
- 13-1/2 to 14-1/2 cups all-purpose flour, divided
- 6 large eggs, room temperature, beaten
- 1/2 cup butter, melted
- 1 tablespoon salt
- **EGG GLAZE:**
- 1 large egg
- 2 tablespoons water



Directions

- 1** In a large bowl, dissolve yeast and 1 teaspoon sugar in 1 cup warm water. Let stand for 5 minutes. Add remaining 3 cups water. Beat in milk powder and 5 cups flour until smooth. Cover and let rise in a warm place until bubbly, about 20 minutes. Add eggs, butter, salt and remaining 1/3 cup sugar; mix well. Stir in enough remaining flour to form a soft dough.
- 2** Turn out onto a floured surface; knead until smooth and elastic, 8-10 minutes. Place in a greased bowl, turning once to grease top. Cover and let rise in a warm place until doubled, about 1 hour.
- 3** Punch down dough. Turn out onto a lightly floured surface; divide in half and set 1 portion aside. Divide remaining portion in half; press each portion into a well-greased 10-in. springform pan. Divide reserved dough into 6 balls. Shape each ball into a 30-in. rope; make 2 braids of 3 ropes each. Place a braid around the edge of each pan, forming a circle. Trim ends of braids, reserving dough scraps. Pinch ends of braids to seal.
- 4** Shape scraps into 2 long thin ropes; form into rosettes or crosses. Place 1 decoration on the center of each loaf. Cover and let rise until doubled, about 1 hour.
- 5** For glaze, in a small bowl, beat egg and water; brush over dough. Bake at 350° for 50-60 minutes or until golden brown. Remove from pans to wire racks to cool.



Broccoli Cheddar Soup

🕒 Total Time Prep/Total Time: 20 Min.

Yield 2 Servings



✔ Test Kitchen Approved

When it comes to easy and cheesy comfort food, nothing's better than broccoli cheddar soup.

Ingredients

- 1/4 cup chopped onion
- 1/4 cup butter, cubed
- 1/4 cup all-purpose flour
- 1/4 teaspoon salt
- 1/4 teaspoon pepper
- 1-1/2 cups 2% milk
- 3/4 cup chicken broth
- 1 cup cooked chopped fresh or frozen broccoli
- 1/2 cup shredded cheddar cheese

Directions

- 1** In a small saucepan, saute onion in butter until tender. Stir in the flour, salt and pepper until blended; gradually add milk and broth. Bring to a boil; cook and stir until thickened, about 2 minutes.
- 2** Add broccoli. Cook and stir until heated through. Remove from the heat; stir in cheese until melted.



Easter Word Scramble

Instructions: Unscramble the letters to find the Easter words from the list below.

e s o c o t a c h l

— — — — —

t r l i a

— — — — —

d a y c n

— — — — —

o c r l o

— — — — —

y d a l h i o

— — — — —

c c s k h i

— — — — —

n p s r g i

— — — — —

e s s e d

— — — — —

k i c g a c r n

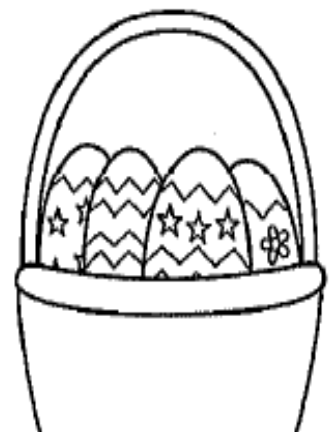
— — — — —

c t o t o t i l n a

— — — — —

Word List

- | | |
|------------|----------|
| candy | cracking |
| chicks | holiday |
| chocolates | seeds |
| color | spring |



Easter Trivia

1. What is the name of the Friday before Easter that commemorates the crucifixion of Jesus?
2. What 40-day period of fasting or reflection leads up to Easter?
3. What do red eggs traditionally symbolize in Eastern Orthodox Easter celebrations?
4. What animal is said to deliver eggs and treats to children during Easter?
5. What is the name of the Thursday before Easter that commemorates the Last Supper?
6. What flower is commonly associated with Easter because it symbolizes purity and new life?
7. Which country is credited with popularizing the legend of the Easter Bunny?
8. What midnight gathering or early morning event do many churches hold to celebrate Easter?
9. What baby farm animal represents innocence and is linked to Jesus in Christian symbolism?
10. What plant is used to create branches carried on the Sunday before Easter?
11. Which white bird is sometimes used as a symbol of peace and the Holy Spirit during Easter?
12. Which precious material is often used to create ornate Easter eggs in royal traditions, such as the famous Fabergé eggs?
13. Which insect is seen as a symbol of resurrection because of its transformation?
14. What color Peep was the original when the candy was first introduced?
15. Which sweet, spiced bun marked with a cross is traditionally eaten on Good Friday?
16. Which pastel-colored candy eggs have a crisp sugar shell and a malted milk center?
17. Which is a vegetable dessert commonly made during Easter celebrations?
18. Which British chocolate brand launched its first filled chocolate Easter egg in 1923?
19. What creamy dessert layered with crushed cookies is often made to resemble a "spring garden"?
20. Which seasoned hard-boiled egg appetizer is a popular dish at Easter gatherings in the U.S.?
21. Which 1971 stop-motion TV special features a bunny who delivers eggs while wearing a top hat?
22. Which 1948 musical stars Judy Garland and Fred Astaire, preparing for an Easter performance?
23. What is the name of the 1977 Rankin/Bass stop-motion special that tells the origin story of the Easter Bunny?
24. Which Easter candy is commonly ranked in viral "best vs worst Easter candy"



**AmeriCorps
Seniors**

R.S.V.P.

Anne King 574-223-3716

rsvpanne84@yahoo.com



2026 Fundraiser Trips

Mississippi River Boat Cruise = May 27-30, 2026

Cost \$975/person



Day Trip: A Neil Diamond Tribute!

The Beef House on Thursday August 27, 2026 Cost = \$149

Tickets are nonrefundable

Day Trip: Four Old Broads on The High Seas

The Beef House on Saturday September 26, 2026 Cost = \$149

Tickets are nonrefundable



Washington DC = October 1-5, 2026 Cost \$995/person

European Riverboat Cruise = Sept 10-20, 2026

Limited Seats = Call for pricing

2027 Trips

Sedona's Red Rocks & Grand Canyon = May 16-21, 2027 \$3624/person

Alaskan Cruise = June 15-27, 2027 Call for pricing = flyers available

Welcome Spring! If you are an RSVP Volunteer, please remember to turn in your volunteer hours each month to Anne @ the RSVP office.

Volunteer Recycle Days 2026: Contact Anne to volunteer!

(all are Saturdays from 8am-12noon)

June 20, July 25, Aug 22, and Oct 10



**For more information on these trips,
contact Anne K 574-223-6953 or
visit our website**

www.fultoncountycoa.com

www.fultoncountycoa.com



- 04/01 Ike Halaschak
- 04/01 Karen Heltzel
- 04/03 Marianne Christenson
- 04/05 Carol Smith
- 04/08 Kathy Stephens-Hawke
- 04/10 Phil Kline
- 04/12 Mary Lipsett
- 04/15 Pat Joliff
- 04/19 Pat Howell
- 04/23 Laura Bailey
- 04/25 Kay Hankee

1. Good Friday
2. Lent
3. The blood of Christ
4. The Easter Bunny
5. Maundy Thursday
6. Easter lily
7. Germany
8. Sunrise service
9. Lamb
10. Palm tree
11. Dove
12. Gold
13. Butterfly
14. Yellow
15. Hot cross buns
16. Robin Eggs
17. Carrot cake
18. Cadbury
19. Dirt pudding
20. Deviled eggs
21. Here Comes Peter Cottontail
22. Easter Parade
23. The Easter Bunny Is Comin' to Town
24. Peeps



Tournament Time

Word Search

DIRECTIONS:
Find and circle the
vocabulary words
in the grid. Look
for them in all
directions including
backwards and
diagonally.



BASKETBALL

BRACKET

CHAMPIONSHIP

COLLEGE

DIVISION

ELIMINATION

ELITE EIGHT

FAVORED

FINAL FOUR

FIRST FOUR

JUMBOTRON

MADNESS

MARCH

NCAA

ONE SHINING MOMENT

SEED

SELECTION

SEVEN ROUNDS

SIXTY-EIGHT

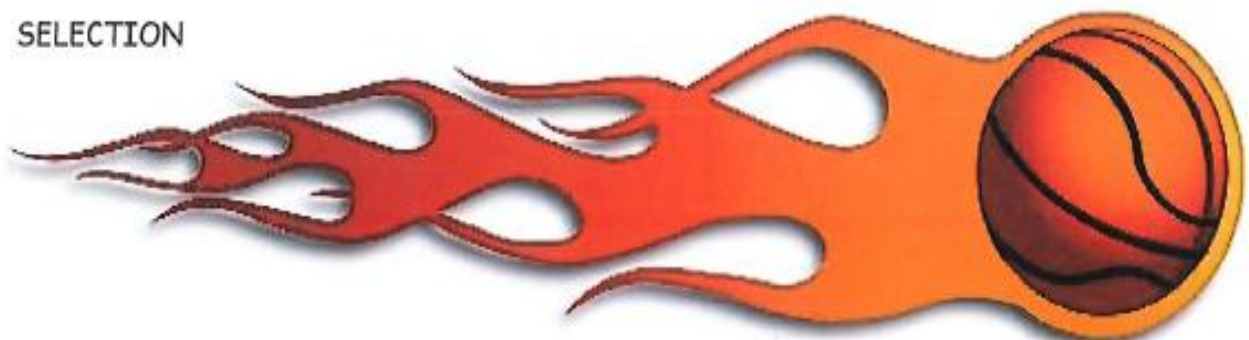
SWEET SIXTEEN

THREE WEEKS

TOURNAMENT

UCLA

UPSET





Fulton County Community
Resource Center
625 Pontiac Street
Rochester, In. 46975
www.fultoncountycoa.com

Non-Profit Organization
U.S. Postage
PAID
Rochester, In.
Permit # 161

TO;

FULTON COUNTY WELLNESS CENTER
COUNCIL ON AGING

www.fultoncountywellness.com
574-223-3657

Fulton County
Chamber of Commerce

2024 MEMBER

Fulton County
TRANSPRO

RATES:
IN TOWN - \$2.00 PER TRIP
IN COUNTY - \$4.00 PER TRIP
SENIORS - DONATION ONLY

United Way

Important Numbers

Community Center
574-223-6953

Transpo
574-223-4213

R.S.V.P.
574-223-3716

Kitchen
574-223-8170

Fax
574-223-4962

Food Pantry
574-223-4802

Energy Assistance
574-223-7649

November – March