The Golden Chronicle Fulton County Community Resource Center

# 



Fulton County Transpo is seeking full time drivers for out-of-town medical trips and local driving. Successful applicant must be detail oriented and able to pass drug/alcohol tests and physical exam. No nights, No weekends, Paid Holidays, Paid training. Raises starting after 90 days. Applications available at Fulton County Transpo office. All training is provided. *625 Pontiac St. Rochester, IN* M-F 7am to 5pm

# 

If the temperature is rising, you may be at increased risk for a heatrelated illness. Play it safe by planning ahead for hot days. Visit <u>www.weather.gov</u>, tune in to local radio or TV stations, or check the weather app on your smart phone regularly for forecasts. In addition to the thermometer, pay attention to the heat index, which considers both air temperature and humidity levels, to determine what the temperature actually feels like.







## 625 Pontíac St, Rochester, IN 46975

happy bad's Day

Your contribution is very important! All donations made to the COA are tax deductible.

	PL	EASE ACCEPT	MY DONATIOI	N <i>OF:</i>	
□ <b>\$300</b>	□ \$200 Name:	□ <b>\$100</b>	□\$ <b>50</b> □\$	25 🛛 Other	
Address:		City	:	State:	Zip:
Home Ph:_	Ce	ll Ph:	Email (a	optional):	
Please att	000			□ Newsletter /Honorarium	🗆 Gen-

Thank you for your donation!

### AREA 5 MENU Please call at least (2) in advance for this service (574)-223-8170 AREA FIVE SENIOR **JUNE 2023** MFNU 2(a) (b) A State . WEDNESDA 11:150% 1122127-Grilled Chicken Turkey & Cheddar Did you know? Breast Cheese Sandwich Stewed Tomatoes **Baked Chips** Pears Banana Dessert June used to be the 4th month of the year. Before Julius Dessert Sun Bun Caesar came to power, the calendar year only had 10 months. Milk Milk P . Pepperoni Pasta Spaghetti & Me White Cheddar **BBQ Chicken Legs Breaded Tenderloin** Salad Sauce Macaroni & Cheese **Baked Beans** Pickled Egg and Beets Cottage Cheese Toss Salad Key Largo Vegetable Veggie Salad Fruit Cocktail Pineapple Chunks Peach Cup Grapes Dessert Dessert Dessert Dessert Dessert Roll Bun Assorted Crackers Wheat Bread Garlic Bread Milk Milk Milk Milk Milk R 15 **Turkey Rice** Chicken Burger Chicken Salad Smoked Sausage Casserole Taco Salad Loaded Mashed On Croissant Sauerkraut Fresh Pineapple Peas Potatoes Kale Salad Fresh Orange Frozen Fruit Cup Chunks Sliced Apples Applesauce Cup Dessert Dessert Dessert Dessert Dessert Bun Tortilla Chips Bun Milk Bun Milk Milk Milk Milk 20 Biscuits & Sauseg Chopped Steak in AGENCY Pulled Pork Sub Sandwiches Gravy Gravy Coleslaw CLOSED Potato Salad **Diced Potatoes** Mashed Potatoes Fruit Salad Tropical Fruit Cup JUNETEENTH Blueberries Green Beans Dessert Dessert Dessert Dessert Bon DAY Mille Milk Roli Milk Milk 27 $\mathcal{D}$ Д. Egg Salad Pork Chops

AREA 5 MEAL POLICY You must be at least 60 yrs old to receive a meal. Please pay/donate something when you can, sorry they are not free.

Cheeseburger

Tomato &

Cucumber Salad

Fresh Watermelon

Dessert

Bun

Milk

Au Gratin Potatoes

California Blend

Vegetables

Dessert

Roll

Mak

Bean Salad

Blueberries & Pears

Dessert

Bun

Milk

Ham & Beans

Spinach Salad

Peaches

Dessert

Cornbread

Milk

Orange Chicken

Fried Rice

Broccoli

Pineapple

Milk

Thank You

# CCCCC HAPPY FATHERS DAY

. .

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28	29 Exercise Class 9:30	30	31 Piano by Isa Exercise Class 9:30	1 Bridge 12:00	2 National Donut Day Exercise Class	3
4	5 Exercise Class 9:30	6 D-Day WWII	7 Piano by Isa Exercise Class 9:30	8 Bridge 12:00	9 Exercise Class 9:30	10
11	12 Exercise Class 9:30	13	14 Flag Day Piano by Isa Exercise 9:30	15 Crafting with Kathy 9:30 Bridge 12:00	16 Free Popcorn during Bingo today only 1 bag per person please	17
18 Happy Father's Day	19 Exercise Class 9:30	20	21 First Day of Summer Piano by Isa Exercise Class 9:30	22 Bridge 12:00	23 Exercise Class 9:30	24
25	26 MOVIE 12:15 Exercise Class9:30	27 Bakery Bingo 9:30	28 Piano by Isa Exercise Class 9:30	29 Bridge 12:00	30 Last Day to sign up for the cookout	1 Hello July
2	3	Notes				

# June 2023

OPTSS	CROSS	And the second second	Nones of	La des N
GRIDE		THE BRADY	BUNCH	301
The state of the s				
Locate the words associated with <i>The Brady</i> <i>Bunch</i> listed below on the puzzle grid. One has been		By Zhan	nna Slor	Christopher Knight
placed for you. (Words in parentheses are not included in the puzzle.)				
SLETTERS Alice Bobby Carol Peter Rehab				
GLETTERS McCorr Braces Sitcom Suburb				
7 LETTERS Maureen (McCormick) Preteen Sisters Wedding				
8 LETTERS Brothers Eve Plumb Florence Honolulu Jan Brady Siblings				
9 LETTERS Ann B. Davis Architect Davy Jones Duet album Greg Brady				
10 LETTERSCindy BradyHeartthrobHigh schoolLos AngelesMr. PhillipsRobert ReedStudio City12	LETTERS The) Brady Brides Dusekeeper ger the dog	Cousin Oliver Marcia Marcia (Marcia) Three-by-three I <b>3 LETTERS</b> Barry Williams Sam the Butcher	14 LETTERS (A Very) Brady Christmas Mike Lookinland	

# **FAMOUS DUOS**

Match the famous duos to the word, phrase or TV show they are associated with.





Starsky & Hutch Laverne & Shirley Buzz & Woody **Brian & Stewie** Felix & Oscar Lucy & Ricky Kirk & Spock Doc & Marty Monica & Rachel Scooby & Shaggy Cheech & Chong Damon & Affleck Maddie & David **Mulder & Scully** 

A. The Odd Couple B. "Zoinks!" **C. Good Will Hunting** D. Ethel & Fred E. Ford Gran Torino F. USS Enterprise **G. Milwaukee** H. Family Guy I. Up in Smoke J. The X-Files K. Toy Story L. Joey & Chandler M. Moonlighting N. Back to the Future SSRY & MUTCHE CREDIT: ABC PHOND ARCHIVES/ABC VIA SETTY IMARES, I LOVE LUCY, LAVERNE AND SHIRLEY & THE X FILLS: COURTESY EVENETT COLUBITION



# Chicken Parmesan Slider Bake

TOTAL TIME: Prep: 20 min. Bake: 25 min.

YIELD: 1 dozen.

Sliders are the perfect finger food for any get-together, and this flavorful chicken Parmesan version won't disappoint. — Nick Iverson, Denver, Colorado

# Ingredients

24 ounces frozen breaded chicken tenders
1 package (12 ounces) Hawaiian sweet rolls
14 slices provolone cheese, divided
1 jar (24 ounces) marinara sauce
TOPPING:
1/2 cup butter, cubed
1 teaspoon garlic powder
1 teaspoon crushed red pepper flakes
1/4 cup grated Parmesan cheese
2 tablespoons minced fresh basil

# Directions

 Preheat oven to 375°. Prepare chicken tenders according to package directions. Meanwhile, without separating rolls, cut horizontally in half; arrange roll bottoms in a greased 13x9-in. baking dish. Place 8 cheese slices over roll bottoms, overlapping as needed. Bake until cheese is melted, 3-5 minutes.

Layer rolls with half of sauce, chicken tenders, remaining sauce and remaining 6 cheese slices. Replace top halves of rolls.

3. For topping, microwave butter, garlic powder and red pepper flakes, covered, on high, stirring occasionally, until butter is melted. Pour over rolls; sprinkle with Parmesan cheese. Bake, uncovered, until golden brown and heated through, 20-25 minutes. Sprinkle with basil before serving.

### THE GOLDEN

# Recipe Corner

# **Mini Hawaiian Burgers**

TOTAL TIME: Prep/Total Time: 25 min.

YIELD: 12 servings.

These are excellent burgers for a backyard gathering! I came up with the dish while trying to find something new that my husband would enjoy. He had no idea they were turkey burgers, and now he asks for them all the time! — Kathleen Manasian, Whitmore Lake, Michigan

# Ingredients

I can (8 ounces) unsweetened crushed pineapple (I use pineapple slices)
1 green onion, finely chopped
1 teaspoon Worcestershire sauce
1/2 teaspoon salt
1/2 teaspoon garlic powder
1/2 teaspoon salt-free seasoning blend
1/2 teaspoon pepper
1 pound ground turkey (OR Beef)
1/2 pound uncooked chorizo or bulk spicy pork sausage (optional)
2/3 cup ketchup (BBQ Source)
12 Hawaiian sweet rolls, split
6 lettuce leaves, cut in half
12 slices tomato

# Directions

 Drain pineapple, reserving 1/2 cup juice. In a large bowl, combine pineapple, green onion, Worcestershire sauce and seasonings. Add turkey and chorizo; mix lightly but thoroughly. Shape into twelve 1/2-in.-thick patties.

Place on a broiler pan. Broil burgers 4 in. from heat 4-5 minutes on each side or until a thermometer reads 165°.

 Meanwhile, in a small bowl, mix ketchup and reserved pineapple juice. Serve burgers on rolls with lettuce, tomato and ketchup mixture.
 2023 RDA Enthusiast Brands, LLC

PAGE 9



### PAGE 11



GET

# **Charleston & Savannah Trip**



PAGE 12

























### **CASTLES OF NEW YORK 5 DAYS - 4 NIGHTS** OCTOBER 16 - 20, 2023

\$925.00 Per Person Double Occupancy

Your \$100 non-refundable deposit at the time of sign-up will hold your seat, with final payment due by September 15, 2023.

### PACKAGE INCLUDES:

- 3 Nights lodging in New York state, including 2 nights at the Edgewood Resort on the St. Lawrence River • Overnight lodging en route home
- 4 Breakfasts 1 Boxed lunch
- 3 Dinners
- · Boldt Castle (located on Heart Island on the St. Lawrence River; it was built by George Boldt for his wife Louise as a monument of love and a remembrance of the magnificence of a bygone era.)
- Singer Castle (located on Dark Island on the St. Lawrence River. It was built in 1905 by the Bourne Family.) Wing's Castle (a unique architectural marvel which was built by
- Peter & Toni Wing using salvaged materials from antique buildings.)
- Millbrook Vineyards & Winery Tour with sampling (The Winery is located on the Hudson River and produces world-class wines, making it one of the top wineries in New York State.)
- St. Lawrence River Cruise (Travel through the very heart of the area's most scenic and historic route aboard a replica steamboat.)
- Guided tour of the New York State Capitol Building (a beautiful example of 19th century architecture)
- Souvenir gift
  Souvenir gift
  Baggage handling in Upstate New York
  Taxes and standard gratuities
  Motorcoach transportation

Cancellation insurance available upon request; see reverse side

FOR INFORMATION AND RESERVATIONS CONTACT:





DESTINATIONS BY DONNA Donna Riddle (574) 835-0400

WHITE STAR TOURS 26 E. Lancaster Avenue, Reading PA 19607 610-775-5000 800-437-2323 www.whitestartours.com







### THE GOLDEN CHRONICLE—

### SPONSORED BY



06/02 Shirley Stoner 06/02 Virginia Willis 06/07 John Roberts 06/10 Phil McCarter 06/11 Richard Envart 06/11 Ruth Schneider 06/14 Richard Piper 06/15 Gail Scheeringa 0616 Paul Henderson 06/16 John King 06/20 Phyllis Dausman 06/21 Nancy Krom 06/22 Tim Bryant 06/23 Jerí Good 06/26 Ruth Bose 06/27 Patrícia Clary

# AmeriCorps Seniors R.S.V.P.

Anne King 574-223-3716

rsvpanne 84@yahoo.com

Day trip = Beef House, Covington IN = Cost = \$1 to see a performance of The Hallelujah Girls o <u>Sat Oct 28, 2023</u>. Cost includes transportation meal, and show ticket.





PAGE 13



Volunteer Needs

RSVP could use volunteers at our receptionist front desk to help answer the telephone. If you are interested, please contact Anne King.





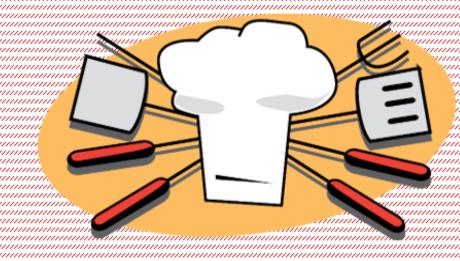
From the Rockies to the Red Rocks = Sept 25 – Oct 2, 2023 Branson, MO = Dec 4-7, 2023 HGTV Favorites bus trip = Spring 2024 Iceland = 2024 Canadian Rockies = 2024 Day trip = Brown Bag Shipshewana Summer 2023 = date & cost TBA



Join us at the Recycling Center! RSVP Volunteers can help at the Recycling Center in 2023. We have the following dates (all Saturdays): June 10, July 22, Aug 12, & Sept 9 Contact Anne King if you would like to help out!



### PAGE 15



# SENIOR COOKOUT

Monday, July 3, 2023 Time: 11:30 Please sign up at the reception desk no later than June 30, 2023

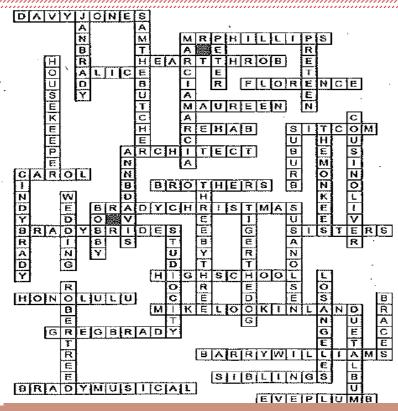
# You must be 60 or older to sign up.

### 13.1.1.01161110(0E Puzzie on page 42. E - Ford Gran Torino Starsky & Hutch G - Milwaukee Laverne & Shirley K - Toy Story Buzz & Woody H - Family Guy Brian & Stewie A - The Odd Couple Felix & Oscar D - Ethel & Fred Lucy & Ricky F - USS Enterprise Kirk & Spock N - Back to the Future Doc & Marty L - Joey & Chandler Monica & Rachel Scooby & Shaggy B - "Zoinks!" I - Up in Smoke Cheech & Chong C - Good Will Hunting **Namon & Affleck**

- M Moonlighting
- J The X-Files

Maddie & David

Mulder & Scully



Fulton County Resource Center & Council on Aging 625 Pontiac Street Rochester, In. 46975

Non-Profit Organization U.S. Postage PAID Rochester, In. Permit # 161

# You can also check us out online at

TO:

# <u>www.fultoncountycoa.com</u>



\*Important Numbers\*

<u>Community Center</u> 574-223-6953 <u>Transpo</u> 574-223-4213 <u>R.S.V.P.</u> 574-223-3716 <u>Kitchen</u> 574-223-8170 <u>Fax</u> 574-223-4962 <u>Food Pantry</u> 574-223-4802 <u>Energy Assistance</u> 574-223-7649 November – March