

# Ocelia turns 100 years old

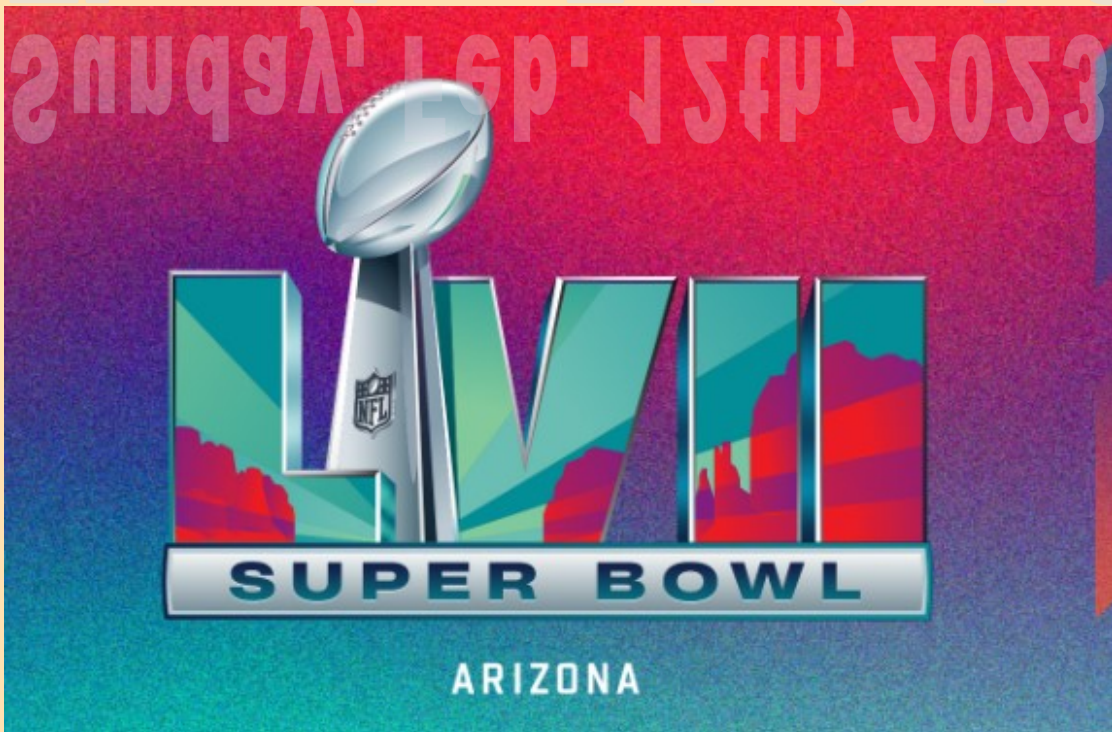


**Come in and celebrate with us  
as we wish her a very  
Happy Birthday**



**Thursday, Feb. 2nd, 2023**

**Sunday, Feb. 12th, 2023**





# AREA FIVE MENU

FOR MORE INFORMATION

CALL (574)-223-8170

## FEBRUARY 2023

## SENIOR LUNCH MENU

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

6  
Sloppy Jo  
Green Beans  
Blueberries  
Dessert  
Bun  
Milk

7  
Chicken Pot Pie  
Toss Salad  
Fresh Orange  
Dessert  
Roll  
Milk

8  
Beef Taco Meat  
Cheese  
Corn  
Applesauce Cup  
Dessert  
Tortilla  
Milk

9  
Ham & Beans  
Spinach  
Strawberries  
Cake  
Cornbread  
Milk

10  
Breaded Chicken  
Patty  
Potato Soup  
Peaches  
Dessert  
Bun  
Milk

13  
Biscuits & Gravy  
Scrambled Eggs  
Potato O'Brien  
Cinnamon  
Applesauce  
Fig Bar

14  
BBQ Pork  
Butter Beans  
Pears  
Bagged Cookies  
Bun  
Milk

15  
Chicken Burger  
California BI Veg  
Pineapple  
Dessert  
Bun  
Milk

16  
Chicken & Gravy  
Mashed Potatoes  
Candied Carrots  
Dessert  
Roll  
Milk

17  
CHEFS  
SPECIAL

20  
PRESIDENTS  
DAY  
AGENCY  
CLOSED

21  
Turkey & Cheese  
Sandwich  
Broccoli & Cheese  
Soup  
Fresh Orange  
Dessert  
Milk

22  
Meatballs in BBQ  
Sauce  
Rice Pilaf  
Cauliflower  
Cinnamon  
Applesauce  
Dessert  
Milk

23  
Chicken Strips  
Buttery Corn  
Mixed Fruit Cup  
Dessert  
Roll  
Milk

24  
Meatloaf  
Cheesy Potatoes  
Pears  
Dessert  
Roll  
Milk

27  
Pork Ribette  
Kale Salad  
Grapes  
Dessert  
Bun  
Milk

28  
Orange Chicken  
Fried Rice  
Broccoli  
Pineapple  
Dessert  
Milk

*Did you know?*

February has been Black History Month  
for over 40 years.

A La Carte

Enter Text Here

School Info

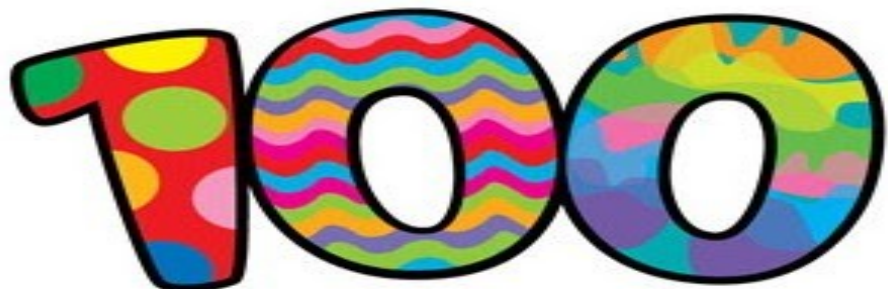
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# February 2023



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29 CLOSED	30	31	1 Bingo 9:30	2 Bridge 12:00	3 Bingo 9:30	4 CLOSED
5 CLOSED	6 Ocelia C 100th Birthday Party Book Club 10:00	7	8 Bingo 9:30	9 Bridge 12:00	10 Valentine voting for Queen & King	11 CLOSED
12 SUPERBOWL SUNDAY	13 Bingo 9:30	14 Happy Valentine's Day	15 Bingo 9:30	16 Bridge 12:00	17 Bingo 9:30	18 CLOSED
19 CLOSED	20 Book Club (2) 10:00 am Bingo 9:30	21	22 Bingo 9:30	23 Crafting with Kathy 9:30 Bridge 12:00	24 Bingo 9:30	25 CLOSED
26 CLOSED	27 Bingo 9:30	28 Bakery Bingo 9:30	1 Hello March	2	3	4 CLOSED
5	6	Notes Join us for different activities. Bingo M-W-F 9:30, Chair Volleyball daily, Piano by Isa every Wed. 11am,, Exercise classes M-W-F 9:30, Book Clubs, Crafting classes, Card playing and much more.				

February 6<sup>th</sup>, 2023 Ms. Ocelia turns 100!  
Come in and wish her a very Happy Birthday.  
We will have cake and ice cream, singing and dancing.  
Plus, Bingo starting at 9:30am



# List of 1923 Major News Events in History

1. Egypt --- King Tut Burial Chamber Opened
2. First Home Game Played at the Original Yankee Stadium home of the New York Yankees
3. Warner Brothers Established
4. First Issue of Time Magazine
5. The Great Kanto earthquake devastate the cities of Tokyo and Yokohama
6. Adolf Hitler leads the Nazi Party in failed coup attempt in Germany
7. Canada --- Insulin Used For Diabetes treatment
8. Republic of Turkey Established
9. Mount Etna volcano erupts

1

1923 gas price is **14 cents per gallon.**

1

9

## Food & beverages

- Bacon, sugar cured. .25/lb
- Beef, pot roast, .10/lb
- Bologna & frankfurters, .19/lb
- Butter, Brookfield Creamery, .43/lb
- Carrots, .10/bunch
- Cookies, fig bars, .25/1 lbs
- Corn, .10/no. 2 can
- Eggs, .13/dozen
- Ham, smoked Cali, .13/lb
- Lamb, leg, .40/lb
- Lard, Swift's pure, .17/lb
- Lettuce, .10/head
- Oil, olive, imported, 2.25/half gallon
- Oranges, .50/dozen
- Peaches, .15/basket
- Peas, .25/2 quarts
- Potatoes, .45/4 quart basket
- Prunes, California, .24/2 lbs
- Rice, .20/3 lbs
- Tomatoes, .10/no 2 can

9

2

2

3

3



Voting for Senior Valentine Queen & King will be held on  
Friday, February 10<sup>th</sup>, 2023

Winners will be announced on Valentine's Day

Must be 60+ to enter



2022  
QUEEN & KING  
SUSAN VANATA  
ALBERT MARSHALL



# Easy, Peasy Fettuccini Alfredo

Make this restaurant-quality pasta dish in 20 minutes for dinner tonight.

BY CHRISTOPHER MICHEL PUBLISHED: JUL 6, 2021

YIELDS:	PREP TIME:	TOTAL TIME:
4 - 6 serving(s)	15 mins	20 mins

## INGREDIENTS

- 1 lb. fettuccine
- 3 tbsp. butter
- 1 1/2 c. heavy cream
- 1 c. shredded Parmesan, plus more for garnish
- Kosher salt and freshly ground black pepper
- 2 tbsp. Chopped fresh flat leaf parsley or thyme, for garnish

[Get recipe ingredients](#)

## DIRECTIONS

### Step 1

In a large pot of salted water, cook pasta according to package directions. Reserve 1 cup cooking water before draining.

### Step 2

Meanwhile, melt butter over medium-low heat in a large skillet. Add cream and stir until mixture begins bubble and thicken, 2 to 3 minutes. Add cheese and reduce heat to low. Cook, stirring, until thickened, 5 to 7 minutes. Season with salt and pepper.

### Step 3

Remove from heat, add pasta and stir until coated (If necessary, add cooking water, 1 tablespoon at a time, to thin the sauce and help it coat.) Serve immediately garnished with parsley or thyme.



## Creamy Tomato and Spinach Pasta

Easier than a box meal, this creamy tomato and spinach pasta is also more flavorful and delicious. 100% real ingredients. Perfect for busy weeknights!



Prep Time	Cook Time	Total Time
5 mins	20 mins	25 mins

★★★★★  
4.86 from 397 votes

Course: Dinner, Main Course Cuisine: American  
Total Cost: \$3.28 recipe / \$0.82 serving Servings: 4

### Ingredients

- 1/2 lb. penne pasta \$0.75
- 1 yellow onion \$0.28
- 2 cloves garlic \$0.16
- 1 Tbsp olive oil \$0.16
- 1 15oz. can diced tomatoes \$0.59
- 1/2 tsp dried oregano \$0.05
- 1/2 tsp dried basil \$0.05
- 1 pinch crushed red pepper (optional) \$0.02
- 1/2 tsp salt \$0.02
- freshly cracked black pepper to taste \$0.03
- 2 Tbsp tomato paste \$0.08
- 2 oz. cream cheese \$0.20
- 1/4 cup grated Parmesan \$0.31
- 4 oz. fresh spinach \$0.65

### Instructions

1. Bring a large pot of water to a boil over high heat. Add the pasta and continue to boil until tender (7-10 minutes). Drain the pasta in a colander.
2. While the pasta is cooking, prepare the creamy tomato sauce. Dice the onion and mince the garlic. Add the onion, garlic, and olive oil to a large skillet and sauté over medium heat until the onions are soft and translucent (3-5 minutes).
3. Add the diced tomatoes (with juices), oregano, basil, crushed red pepper, salt, and some freshly cracked pepper to the skillet. Stir to combine. Add the tomato paste and a 1/2 cup of water to the skillet and stir until the tomato paste has mixed into the sauce.
4. Turn the heat down to low. Cut the cream cheese into a few pieces and then add them to the skillet with the tomato sauce. Use a whisk to stir the sauce until the cream cheese has fully melted and the sauce is creamy. Add the Parmesan to the skillet and stir until it is melted into the sauce.
5. Add the fresh spinach to the skillet and gently stir it into the sauce until it has wilted (2-3 minutes). Add the pasta and stir until it is well coated in the creamy tomato sauce. Taste and adjust the salt and pepper as needed. Serve warm.

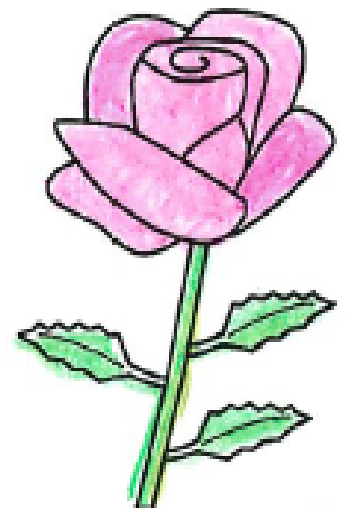




### Word List

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BOUQUET	CUPCAKES	GIFTS
CELEBRATION	DATE	GIRL
CHOCOLATES	FAMILY	LAUGH
CRUSH	FEBRUARY	RIBBON



# Super Bowl word scramble

n l e l a e h g c

\_\_\_\_\_

c h r i n g e e

\_\_\_\_\_

y a s p l

\_\_\_\_\_

p s o t i n

\_\_\_\_\_

a r m s e g c m i

\_\_\_\_\_

r e g y n e

\_\_\_\_\_

r a e s p l y

\_\_\_\_\_

r a d s y

\_\_\_\_\_

e y e j r s

\_\_\_\_\_

s u c o f

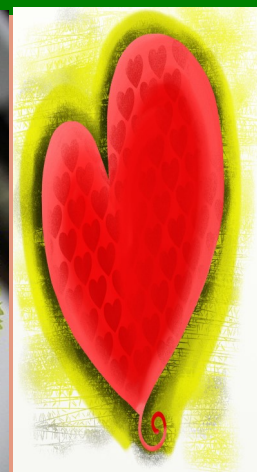
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- 02/02 Shirley Gray
- 02/03 Sue Dove
- 02/03 Pamela Loebig
- 02/03 Sharon Morris
- 02/06 Ocelia Conklin "100"
- 02/10 Juleen Nercomer
- 02/12 Shirley Brown
- 02/13 Jolinda Kerr
- 02/17 Virginia Test
- 02/18 Ann Dielman
- 02/21 Sparkle Figlio
- 02/25 Janice Halaschak
- 02/26 Pauline Pollack-Brosius

## Green Carnations

It's time for RSVP's annual Green Carnation Sales fundraiser! RSVP will begin sales of green carnations in mid-February and continue through St. Patrick's Day, March 17. Flowers will be delivered on Friday March 17 or can be picked up at the Community Center as early as Thursday March 16. Send a flower to your honey, friend, or your lucky charm! They cost just \$1.50 each. We can deliver to homes, schools, and businesses in Fulton County. All proceeds go to support RSVP of Fulton County.

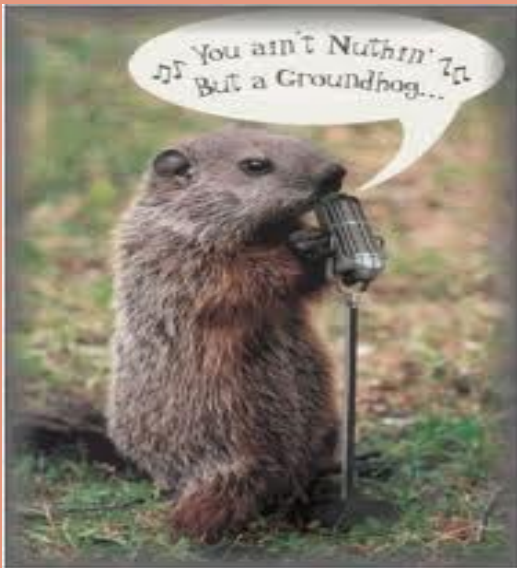


### Tax Season Again!

RSVP will be preparing 2022 Federal and Indiana tax returns again this year free of charge for seniors and low-income residents of Fulton County. We do not prepare returns with complicated issues such as small businesses, itemized deductions, rental property, or stock sales. Please contact Anne King at 574-223-3716 beginning Mon February 6, 2023 to see if you qualify and to schedule an appointment.



You are invited! Have you been thinking about volunteering? If you are age 55+, you are invited to join RSVP (Retired & Senior Volunteer Program). It's free and easy, and we have many opportunities in Fulton County for you to volunteer your time and talents. You will meet new friends and have fun at the same time! Stop in to see Anne, or call/email her for more information.



# AmeriCorps Seniors

R.S.V.P.

Anne King 574-223-3716

rsvpanne84@yahoo.com



## CASTLES OF NEW YORK

5 DAYS - 4 NIGHTS

OCTOBER 16 - 20, 2023

**\$925.00 Per Person Double Occupancy**

Your \$100 non-refundable deposit at the time of sign-up will hold your seat, with final payment due by September 15, 2023.

### PACKAGE INCLUDES:

- 3 Nights lodging in New York state, including 2 nights at the Edgewood Resort on the St. Lawrence River
- Overnight lodging en route home
- 4 Breakfasts
- 1 Boxed lunch
- 3 Dinners
- **Boldt Castle** (located on Heart Island on the St. Lawrence River; it was built by George Boldt for his wife Louise as a monument of love and a remembrance of the magnificence of a bygone era.)
- **Singer Castle** (located on Dark Island on the St. Lawrence River. It was built in 1905 by the Bourne Family.)
- **Wing's Castle** (a unique architectural marvel which was built by Peter & Toni Wing using salvaged materials from antique buildings.)
- **Millbrook Vineyards & Winery Tour with sampling** (The Winery is located on the Hudson River and produces world-class wines, making it one of the top wineries in New York State.)
- **St. Lawrence River Cruise** (Travel through the very heart of the area's most scenic and historic route aboard a replica steamboat.)
- **Guided tour of the New York State Capitol Building** (a beautiful example of 19th century architecture)
- Souvenir gift
- Baggage handling in Upstate New York
- Taxes and standard gratuities
- Motorcoach transportation

Cancellation insurance available upon request; see reverse side

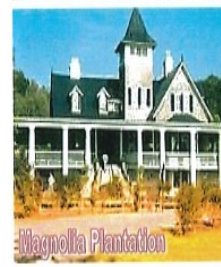
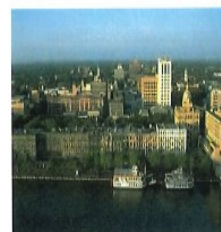
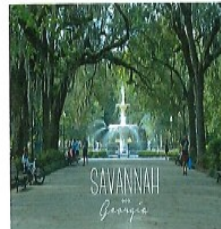
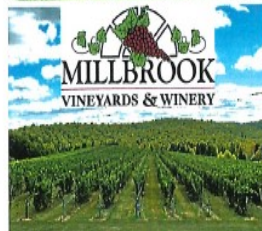
### FOR INFORMATION AND RESERVATIONS CONTACT:



RSVP  
Anne King  
(574) 223-3716  
or



DESTINATIONS BY DONNA  
Donna Riddle  
(574) 835-0400



## CHARLESTON, SC & SAVANNAH, GA

6 DAYS - 5 NIGHTS  
APRIL 30 - MAY 5, 2023

**\$990.00 Per Person Double Occupancy**

Your \$100 non-refundable deposit at the time of sign-up will hold your seat, with final payment due by March 13, 2023.

### PACKAGE INCLUDES:

- \* 5 Nights lodging, including overnights
- \* 5 Breakfasts
- \* Family-style Lunch at Paula Deen's *Lady & Sons*
- \* 2 Full Course Dinners
- \* Guided Tours of Savannah, GA & Charleston, SC
- \* Carriage Ride in Savannah
- \* Charleston City Market
- \* Tour of Ft. Sumter
- \* Magnolia Plantation Home & Nature Tram Tour
- \* Charleston Harbor Cruise
- \* River Street District
- \* Souvenir Gift
- \* Luggage Handling (Charleston/Savannah)
- \* All Taxes & Meal Gratuities
- \* Motorcoach Transportation

Cancellation insurance available upon request; see reverse side.

### FOR INFORMATION AND RESERVATIONS CONTACT:



RSVP  
Anne King  
(574) 223-3716  
or



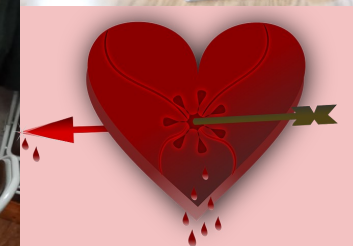
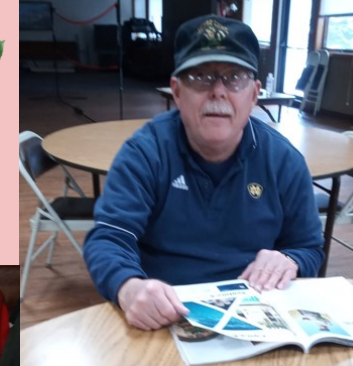
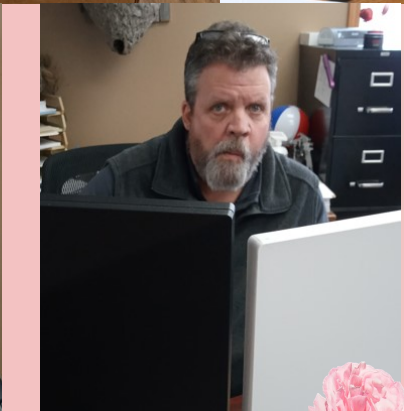
DESTINATIONS BY DONNA  
Donna Riddle  
(574) 835-0400



26 E. Lancaster Avenue, Reading PA 19607  
610-775-5000 800-437-2323 www.whitestartours.com



26 E. Lancaster Avenue, Reading PA 19607 \* 610-775-5000 \* 800-437-2323 \* www.whitestartours.com





Our newest  
volunteer  
"Gizmo"



# Super Bowl word scramble

## Word List

- |           |           |
|-----------|-----------|
| challenge | players   |
| cheering  | plays     |
| energy    | points    |
| focus     | scrimmage |
| jersey    | yards     |



**Fulton County Resource  
Center & Council on Aging**  
625 Pontiac Street  
Rochester, In. 46975

Non-Profit Organization  
U.S. Postage  
PAID  
Rochester, In.  
Permit # 161



**TO:**

It's green carnation time. Don't forget to order some for family members, friends or even coworkers.  
Contact Anne King at  
574-223-3716 or  
rsvpanne84@yahoo.com

# Spring could be just around the corner



**RATES:**  
IN TOWN - \$2.00 PER TRIP  
IN COUNTY - \$4.00 PER TRIP  
SENIORS - DONATION ONLY



**"Important Numbers"**  
**Community Center**  
(574)-223-6953  
**Transpo**  
(574)-223-4213  
**R.S.V.P.**  
(574)-223-3716  
**Kitchen**  
(574)-223-8170  
**Fax**  
(574)-223-4962