

The Golden Chronicle

WELCOME 2024





Mobile Food Pantry

Tuesday, January 9, 1:00pm
& Tuesday, February 13, 1:00pm

Mill Creek Missionary Church

1336 N. St. Rd. 25

Rochester



Gentiva Hospice will be hosting grief counseling
every 2nd & 4th Wednesday of the month.

At Fulton County Community Resource Center
& Council on Aging - 625 Pontiac St, Rochester.

5pm – 6pm

From more information on this service
please contact Todd Wilson Dmin, Mdiv.

(574)-2234673

AREA FIVE MENU

FOR MORE INFORMATION

CALL (574)-223-8170

JANUARY 2024

AREA FIVE SENIOR

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>HAPPY NEW YEAR! AGENCY CLOSED</p>	<p>Meatloaf Mashed Potatoes Carrots Wheat Bread/Margarine Fruit Cup Milk</p>	<p>Biscuits & Sausage Gravy Hashbrown Patty Mandarin Orange Cup Cookie Milk</p>	<p>Baked Chicken Rice Pilaf Broccoli & Cheese Pineapple Cup Wheat Bread/Margarine Milk</p>	<p>Goulash Peas Snack Cake Combread Milk</p>
<p>Italian Chicken Patty California Bl Veg Pear Cup Wheat Bread/Margarine Dump Cake Milk</p>	<p>Smoked Sausage Oven Fried Potatoes Peas Hot dog Bun Snack Cake Milk</p>	<p>Chicken & Noodles Mashed Potatoes Green Beans Wheat Bread/Margarine Cookie Milk</p>	<p>Homemade Beef Stew Corn Biscuit Peach Cobbler Milk</p>	<p>Sloppy Jo Baby Bakers Buttered Cauliflower Mixed Fruit Cup Bun Milk</p>
<p>AGENCY CLOSED</p> <p>MARTIN LUTHER KING JR. BIRTHDAY</p>	<p>BBQ Pork Cheesy Potatoes Carrots Peach Cup Bun Milk</p>	<p>Br. Chicken Patty Peas & Carrots Diced Peas Dump Cake Bun Milk</p>	<p>Salisbury Steak Mashed Potatoes Brussel Sprouts Nutty Bar Roll Milk</p>	<p>Beef Taco Meat Salsa/Sour Cream Shredded Cheese Lettuce Peaches Choc Chip Cookie Tortilla Milk</p>
<p>Baked Pork Chop Macaroni & Cheese Candied Carrots Brownie Wheat</p>	<p>Chicken Cutlet Sweet Potatoes Broccoli Pineapple Tidbits Wheat Bread/Margarine Milk</p>	<p>Smoked Sausage Sauerkraut Mashed Potatoes Warm Spiced Peaches Hot dog Bun Milk</p>	<p>Chicken & Dumplings Vegetable Blend Applesauce Brownie Roll Milk</p>	<p>Country Fried Steak Garlic Mashed Potatoes Seasoned Green Beans Fruit Cup Wheat Bread Milk</p>
<p>Baked Ziti with Italian Sausage Toas Saled Cinnamon Applesauce Garlic Toast Milk</p>	<p>Chicken Parmesan Garlic Mashed Potatoes California Bl Veg Pudding Cup Wheat Bread/Margarine Milk</p>	<p>Pork Ribette Sweet Potatoes Spinach Oatmeal Crème Pie Bun Milk</p>	<p>DID YOU KNOW? Ellis Island opened January 1, 1892. The opening allowed for the immigration of over 20 million people.</p>	

JANUARY 2024

I am having issues with my calendar, so here are some dates to keep in mind. You can check the white board or call for any updates and changes

Monday, January 1st, 2024 **Closed** New Year's Day

Monday, January 15th, 2024 **Closed** M.L.K. Jr. Day

Tuesday, January 9th, 2024 Make it & Taste with Mona 10:00am

Thursday, January 18th, 2024 Crafting with Kathy 9:30am

Open crafting every Tuesday, Thursday, Friday 8-12

Bingo every Monday, Wednesday, Friday 9:30am

Book Club every 3rd Monday of the month 10:00am

Bridge every Thursday 12:30pm

Euchre every Tuesday 10:00am

Hope to see you at one or more of these activities

Happy New Year

Find and circle all of the words that are hidden in the grid.

The remaining letters spell the name of a popular location for celebrating New Years Eve.

S E I B A B N E W Y E A R S E V E Y
G C H A M P A G N E T Y I M N S T T
E N S S U E T H C D A N C E D R H R
S Q I N F E T O O D M U A Y O E I A
E F C G F I N A S L S U E R F K R P
D H E F N F R R R R I A S E D A T S
A I U S E I A S E B R D N I E M Y K
R B B T T E S M T I E S A F C E F R
A M T A Y I A N N O R L A Y E S I O
P I S W L E V R O E F T E E M I R W
N D E A R L E I N I H J V C B O S E
D N E T R V O N T E T E A S E N T R
A I S W I A A O R I N A S N R O H I
Y G Y E O B I T N T E I R R U K C F
O H W I N E I T S S K S I O H A T S
N T Y L I M A F N O I S A C C O R T
E T S A E F S N O I T U L O S E R Y
S R E Z I T E P P A Y F R I E N D S

APPETIZERS

BABIES

BALLOONS

BANNERS

BUFFET

CELEBRATE

CHAMPAGNE

CONFETTI

DANCE

DAY ONE

DECORATIONS

END OF DECEMBER

EVENTS

FAMILY

FATHER TIME

FEAST

FESTIVITIES

FIREWORKS

FIRST OF JANUARY

FRIENDS

HATS

HOLIDAY

HORNS

KISS

MIDNIGHT

MUSIC

NEW YEARS DAY

NEW YEARS EVE

NOISEMAKERS

OCCASION

PARADES

PARTY

PUNCH

RESOLUTIONS

SINGING

STREAMERS

THIRTY FIRST

TIARAS

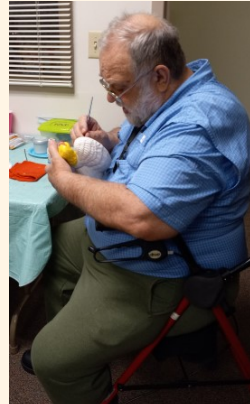
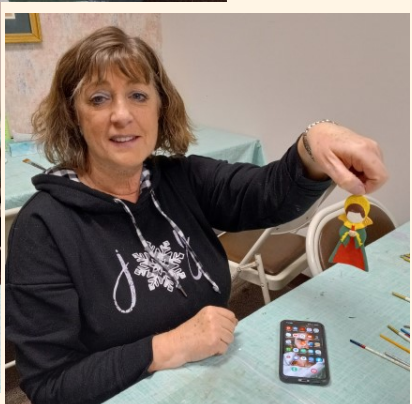
WINE

YEAR IN REVIEW

Riddles

How many can you get without looking?

1. What word is pronounced the same if you take away four of its five letters?
2. What can fill up a room but takes up no space?
3. A man goes out in a heavy rain storm with nothing to protect him from it. His hair doesn't get wet. How does he do that?
4. What word in the dictionary is spelled incorrectly?
5. What word begins with an "E" and only contains one letter?
6. How much dirt is in a hole that's two feet by three feet?
7. Two fathers and two sons are in a car, but there are only 3 people in the car. How?
8. Take one out and scratch my head, I am now black but once was red. What am I?
9. What starts with a "T", ends with a "T" and has "T" in it?
10. What belongs to you but everyone else uses it?
11. I have branches but no fruit, trunk or leaves. What am I?
12. No matter how little or how much you use me, you change me every month. What am I?
13. You walk into a room that contains a match, a kerosene lamp, a candle and a fireplace. What do you light first?
14. Spelled forward I'm what you do every day, spelled backward I'm something you hate. What am I?
15. I have cities, but no houses. I have mountains, but no trees. I have water, but no fish. What am I?



Recipe Corner

Bagel Pizza

These kid-friendly snacks are a great way to feed everyone fast.

BY CHRISTOPHER MICHEL PUBLISHED: JUL 28, 2022

YIELDS:

2 - 4 serving(s)

PREP TIME:

10 mins

TOTAL TIME:

10 mins

Ingredients

2 plain bagels, halved

1/2 c. marinara sauce

4 oz. mozzarella, shredded (about 1 cup)

Pepperoni, mushrooms, green peppers, black olives, cooked sausage, or other toppings, as desired

Directions

[SAVE RECIPE](#)

Step 1

Preheat oven to 425°F. Using clean fingers, scoop a small trench out of the bagel. Fill each bagel with about 2 tablespoons marinara sauce. Top with 1/4 cup mozzarella cheese and add toppings as desired.

Step 2

Place on a foil-lined baking sheet, and bake 7-8 minutes, until cooked through. Serve immediately.

Step 3

To cook in an air fryer: Place bagels in the foil-lined basket of an air fryer at 400°F for 4-5 minutes. Serve immediately.



Crispy Gnocchi with Sausage and Sage Brown Butter

This simple weeknight meal is perfect for cool weather evenings.

BY CHRISTOPHER MICHEL PUBLISHED: OCT 2, 2022

YIELDS:

4 serving(s)

PREP TIME:

30 mins

TOTAL TIME:

30 mins

Ingredients

10 tbsp. (1 1/4 sticks) unsalted butter, divided

2 tbsp. chopped fresh sage

12 oz. sweet Italian sausage, casings removed

2 (9-ounce) packages store-bought gnocchi

Directions

[SAVE RECIPE](#)

Step 1

Melt 8 tablespoons butter in a small saucepan over medium-low heat. Cook, swirling occasionally, until golden brown and nutty smelling, 8 to 10 minutes. Add sage and cook until crisp, 5 to 10 seconds.

Step 2

Melt remaining 2 tablespoons butter in a medium skillet over medium-high heat. Add sausage and cook, breaking it up with a spoon, until browned and cooked through, 10 to 12 minutes. Transfer to a plate.

Step 3

Pour off all but 2 tablespoons fat from skillet; reduce heat to medium. Add gnocchi and

spread into a single layer. Cook, without stirring, 2 minutes. Toss, and continue cooking, until golden brown and crispy, 3 to 4 minutes. Add sage butter and sausage, and cook until warmed through, 1 to 2 minutes.

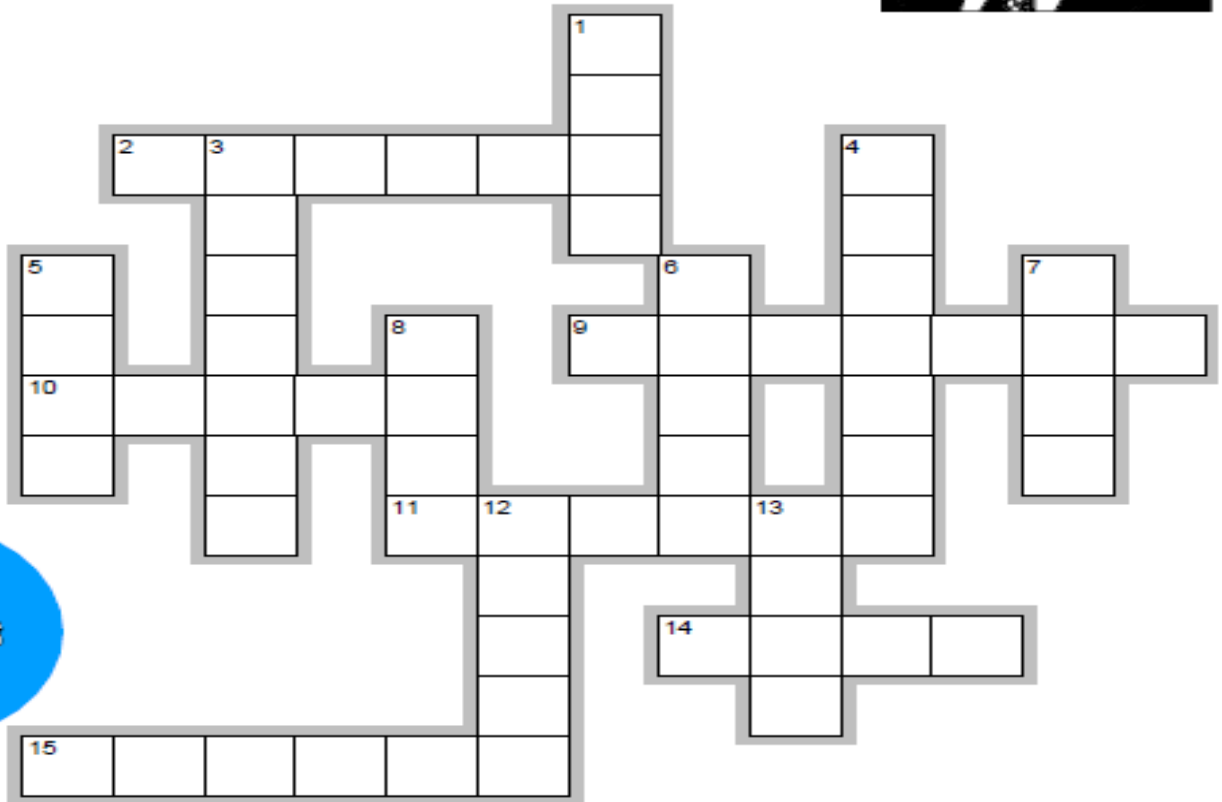




*We would like to Thank,
The Choral Club for their gift of
Christmas songs. It made for a fun day.
"Thank You"*

Headlines from the 70s

This crossword will remind you of several significant events that occurred in the 1970s, from politics to religion to entertainment, in the U.S. and around the world.



Clues

Across

2. The Nobel Peace Prize was won by ____ Teresa in 1979.
9. The controversial war in _____ raged from 1959 until about 1975.
10. Steve Jobs and Steve Wozniak launched _____ Computers in 1976.
11. Arthur Ashe, a renowned _____ player, won Wimbledon in 1975.
14. John ____ II became the Pope of the Roman Catholic Church in 1978.
15. The ____ Show, featuring Kermit the Frog and Miss Piggy, premiered on TV in 1976.

Down

1. Gerald ____ became the first unelected U.S. President in 1974.
3. The _____ Games in Munich, Germany, were disrupted by terrorists in 1972.
4. This popular British singing group broke up in 1970.
5. The first "____ Wars" movie, directed by George Lucas, was released in 1977.
6. This President resigned in 1974 amid scandal.
7. The Supreme Court made abortions legal in Roe v. ____ in 1973.
8. Students staged protests at ____ State University in Ohio.
12. The Aswan High Dam on the Nile river opened in this country in 1970.
13. 52 Americans were taken hostage in Tehran, the capital of _____, in 1979.



Thursday 10:30 AM-11:30 AM
**CHAIR YOGA WITH
HEATHER**

Community Resource. Center
625 Pontiac St, Rochester, IN 46975

Low impact on joints | Improves flexibility | Stress reduction |
Improves pain management | Improves circulation | Combats
depression and anxiety | Improves balance | Promotes
independence and wellbeing

\$-Donations are appreciated



1. Queue
2. Light
3. He's bald
4. Incorrectly
5. Envelope
6. None, it's a hole
7. They are grandfather,
Father and son
8. A match
9. Teapot
10. Your name
11. A Bank
12. Calendar
13. The match
14. Live – Evil
15. A map

Start a new tradition...

A great way to start out a new year is to try something new and expand your horizons. Are you newly retired? Or looking to fill some spare time? If you are age 55 or better, consider joining RSVP and volunteering in your community! You could serve at our food pantries, community center, local hospital, and/or other locations in our county. It's free and easy to join. Contact Anne King at the Retired & Senior Volunteer Program today and let's go on a volunteering adventure!




**AmeriCorps
Seniors**
R.S.V.P.
Anne King 574-223-3716
rsvpanne84@yahoo.com

Other Trip Opportunities:

Iceland = March 6-12, 2024 = Limited Seating

Canadian Rockies = Aug 4-11, 2024

Christmas Market Cruise – Danube River = Dec 7-15, 2024

Bus trip: Castles of New York = May 2024

Bus trip: Maine = September 2024



Trips can fill up quickly, so if you are interested, be sure to sign up and pay your deposit to hold your seat!



New RSVP Members

Richard Van Duyne
Christine Haussmann

Day trip to Beef & Boards: Sat February 3, 2024 to see Menopause the Musical! Join us for this funny comedy about women and change. Cost = \$140 includes transportation, buffet lunch, and show ticket. Call Anne to sign up!

2024
HAPPY NEW YEAR





2023 WAS A GREAT YEAR & 2024 WILL BE BETTER

A special thank you to...

All our wonderful crafters that have made this year extra special. You have made class so much fun, I've had a blast crafting with you.

Diane R. Smith and family for the huge donation of ceramics & accessories. You have turned our Community Center family into painters. They have loved every minute of it.

An extra special thank you to Justin Voorhees for cutting all the wood for our craft projects. The wood projects have helped to bring more people into the Community Center to craft and hang out.

Come join us on the 3rd Thursday of the month @ 9:30 am for our monthly craft project.

Class room is open Tuesday, Thursday, and Friday 8 am – 12 pm. Join us painting ceramics, or making past craft projects. Much more to come in 2024.

HAPPY NEW YEAR!

Crafting with Kathy





Fulton County Community
Resource Center
625 Pontiac Street
Rochester, In. 46975
www.fultoncountycoa.com

Non-Profit Organization
U.S. Postage
PAID
Rochester, In.
Permit # 161

TO;

Happy
New Year!



Fulton County



RATES:

IN TOWN - \$2.00 PER TRIP

IN COUNTY - \$4.00 PER TRIP

SENIORS - DONATION ONLY

Important Numbers

Community Center

574-223-6953

Transpo

574-223-4213

R.S.V.P.

574-223-3716

Kitchen

574-223-8170

Fax

574-223-4962

Food Pantry

574-223-4802

Energy Assistance

574-223-7649

November – March