

THE GOLDEN CHRONICLE

Happy Mom's Day

May 2026

www.fultoncountycoa.com

★ To Our ★
MEN and WOMEN
in uniform
**PAST,
PRESENT
and
FUTURE**
God bless you
and thank you.

If roses grow in heaven,
Lord please pick a bunch for me,
Place them in my Mother's arms
and tell her they're from me.

Tell her I love her and miss her,
and when she turns to smile
place a kiss upon her cheek
and hold her for awhile

Because remembering her is easy,
I do it every day,
but there's an ache within my heart
that will never go away.

I'm glad that
you're my mother,
kind and caring
and strong.
Coz surely
no-one else,
Could have put up
with me this long!



May

2026

<u>Sunday</u>	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>	<u>Saturday</u>
					¹ Bingo 9:30 Exercise class 9:30	² Kentucky Derby
3	4/ Bingo 9:30 Euchre 9:30 Exercise class 9:30	5 Open Crafting T.O.P.S. 3:30	6 Bingo 9:30 Exercise class 9:30	7 Open Crafting Chair Yoga 10:30 Bridge 12:00	8 Bingo 9:30 Exercise class 9:30	9
10 Mother's Day	11 Bingo 9:30 Euchre 9:30 Exercise class	12 Open Crafting T.O.P.S. 3:30	13 Bingo 9:30 Exercise class 9:30	14 Open Crafting Chair Yoga 10:30 Bridge 12:00	15 Bingo 9:30 Exercise class 9:30	16 Armed Forces Day
17	18 Bingo 9:30 Euchre 9:30 Exercise class 9:30	19 Open Crafting T.O.P.S. 3:30	20 Bingo 9:30 Exercise class 9:30	21 Crafting with Kathy Chair Yoga 10:30 Bridge 12:00	22 Bingo 9:30 Exercise class 9:30	23
24	25 Memorial Day CLOSED	26 Open Crafting T.O.P.S. 3:30	27 Bingo 9:30 Exercise class 9:30	28 Open Crafting Chair Yoga 10:30 Bridge 12:00	29 Bingo 9:30 Exercise class 9:30	30
31	Hello June					

May 2026

AREA FIVE AGENCY SENIOR MENU

Monday

Tuesday

Wednesday

Thursday

Friday

Did you know?

Mexico and the US celebrate Cinco de Mayo on May 5th, commemorating the victory over the French at the Battle of Puebla in 1862.

4
Vegetable Soup
Tuna Salad Slider
Spiced Peaches
Cottage Cheese
Slider Bun/Crackers
Milk

5
Lasagna Roll Up
Italian Beans
Warm Spiced
Apples
Garlic Bread
Milk

6
Pork Ribette
Red Skinned
Potatoes
Spinach
Fresh Orange
Bun
Milk

7
Salisbury Steak
w/Gravy
Mashed Potatoes
Normandy blend
Vegetable
Cookie
Bread
Milk

8
Broccoli Cheddar
Chicken
Rice Pilaf
Buttered Carrots
Tropical Fruit Cup
Bread
Milk

11
Ham
Scalloped Potatoes
Brussel Sprouts
Pudding
Bread
Milk

12
Chicken w/Creamy
Garlic Sauce
Baby Bakers
Mixed Fruit Cup
Fruit Crisp
Bread
Milk

13
Hamburger
Baked Beans
Toss Salad
Jello w/fruit
Bun
Milk

14
Grilled
Chicken Breast
Garlic Mashed Potatoes
Beets
Brownie
Bread
Milk

15
Sausage Patty
Sausage Gravy
Oven Fried
Potatoes
Apple Slices
Biscuit
Milk

18
French Onion Chicken
Baby Bakers
Carrots
Cookies
Bread
Milk

19
**CHEF
SPECIAL**

20
Sloppy Jo
Macaroni & Cheese
Mixed Vegetables
Applesauce
Bun
Milk

21
Cabbage Rolls
Mashed Potatoes
Cucumber, Tomato &
Onion Salad
Peaches
Roll
Milk

22
BBQ Pork
Broccoli
Corny Feet Salad
Dump Cake
Bun
Milk

25

**Happy
Memorial Day**
AGENCY CLOSED

26
Polish Sausage
Mashed Potatoes
Sauerkraut
Applesauce
Bread
Milk

27
Boneless Chicken
Wings w/ sauce
Scalloped Potatoes
Green Beans
Fruit Crisp
Bread
Milk

28
Philly Cheesesteak
Diced Potatoes
Peas & Carrots
Cake
Bun
Milk

29
Swiss Mushroom
Burger
Tater Tots
Buttered Corn
Pear Cup
Bun
Milk



www.fultoncounty.com 625 Pontiac St. Rochester, In, 46975

F.C. Council on Aging, F.C. Transpo, F.C. Wellness Center

35th Annual Golf Scramble

On Saturday June 13, 2026, we are looking forward to making this a fun year and hope you can help us out with sponsorship of a team, Hole or Cart or with a donation of merchandise for door prizes. This fundraiser will help benefit Senior Citizens in our community, but not just our Senior's, our doors are open to all ages.

*Thank you for your support,
Doug Beller, Executive Director &
The staff at Fulton County Council on Aging*

**STATEMENT OF DONATION
TO 35TH ANNUAL COA GOLF SCRAMBLE**

Team Sponsor \$260.00

Hole Sponsor \$175.00

Cart Sponsor \$100.00

Donation given \$ _____

Merchandise Donation: _____

Name/Business Name: _____

THANK YOU

Join us **Saturday, June 13th, 2026**

At the ELK's for

Fulton County Council on Aging,

Fulton County Transpo

& Fulton County Wellness Center's

35th annual Golf Scramble

Mulligans

Door Prizes

Skins

\$260 per team



TEAM NAME _____

8am Tee time

NAME: _____ Handicap _____

NAME: _____ Handicap _____

NAME: _____ Handicap _____

NAME: _____ Handicap _____



Fresh Peach Lemonade

🕒 Total Time Prep/Total Time: 20 Min.

Yield 5 Servings



✅ Test Kitchen Approved

Put a fruity twist on lemonade with our peach lemonade recipe. Juicy peaches add summer sweetness to a pitcher of tart lemonade, an excellent choice if you're looking for a non-alcoholic beverage.

Ingredients

- 4 cups water, divided
- 2 medium peaches, chopped
- 1 cup sugar
- 3/4 cup lemon juice
- 1 medium lemon, sliced
- Mint sprigs, optional



Directions

- 1** In a small saucepan, bring 2 cups water, peaches and sugar to a boil. Reduce heat; cover and simmer for 5-7 minutes or until peaches are tender. Remove from heat. Cool. Strain, discarding peach skins.
- 2** In a large pitcher, combine peach mixture, lemon juice and remaining 2 cups water. Add lemon slices and garnish with mint if desired. Serve over ice.



Banana-Pecan Sheet Cake

Total Time Prep: 35 Min. Bake: 20 Min. + Cooling

Yield 24 Servings



Test Kitchen Approved

A dear friend of mine gave me this recipe, and I make it often, especially for potlucks. Sometimes I make it ahead, freeze the cake and then frost it before the party. —Merrill Powers, Spearville, Kansas

Ingredients

- 1/2 cup butter, softened
- 1-2/3 cups sugar
- 2 large eggs
- 1-1/2 cups mashed ripe bananas
- 2-1/2 cups all-purpose flour
- 3 teaspoons baking powder
- 1 teaspoon salt
- 1/4 teaspoon baking soda
- 2/3 cup buttermilk
- 1/2 cup chopped pecans
- **FROSTING:**
 - 1/3 cup butter, softened
 - 3 cups confectioners' sugar
 - 1-1/2 teaspoons vanilla extract
 - 3 to 4 tablespoons fat-free milk
 - 1/3 cup finely chopped pecans, toasted



(I added a block of cream cheese to this)

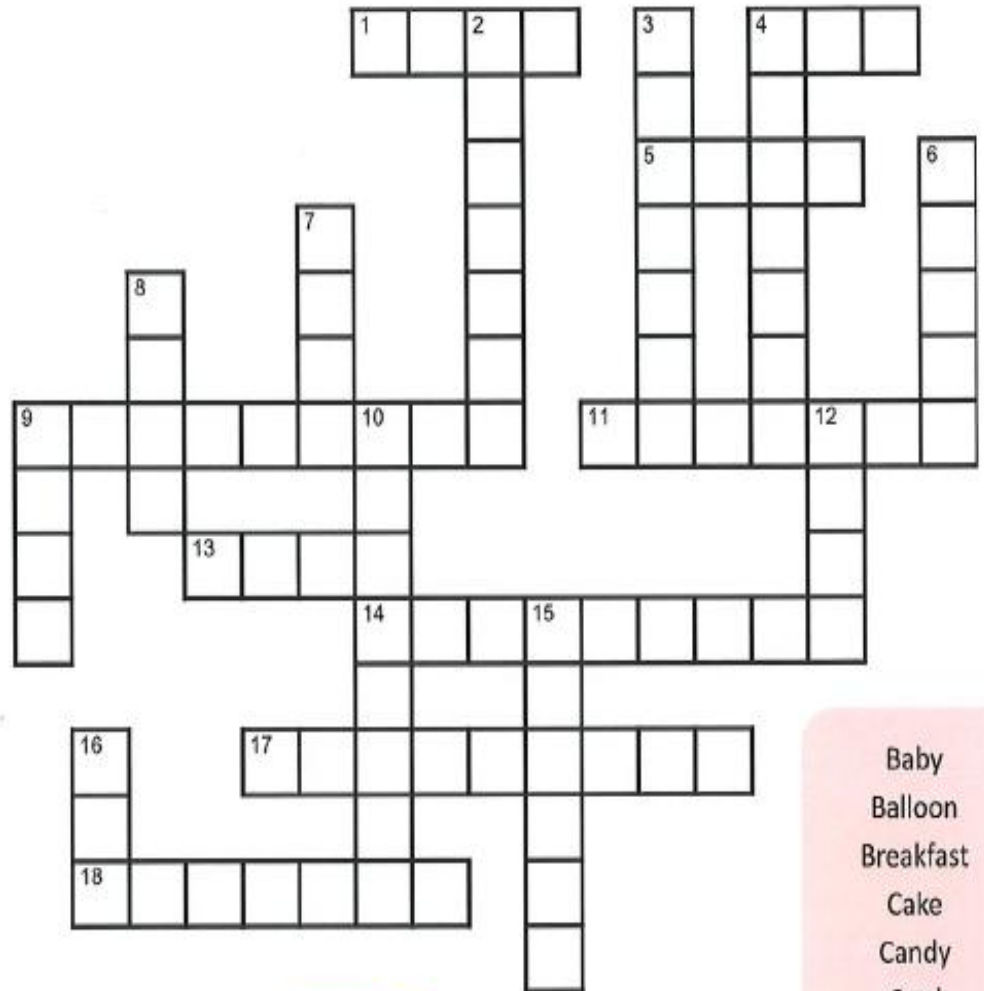
Directions

- 1 Preheat oven to 350°. Coat a 15x10x1-in. baking pan with cooking spray.
- 2 In a large bowl, beat butter and sugar until blended. Add eggs, one at a time, beating well after each addition. Add bananas, mixing well (mixture will appear curdled).
- 3 In another bowl, whisk flour, baking powder, salt and baking soda; add to butter mixture alternately with buttermilk, beating well after each addition. Fold in pecans.
- 4 Transfer to prepared pan. Bake 20-25 minutes or until a toothpick inserted in center comes out clean. Cool completely in pan on a wire rack.
- 5 For frosting, in a large bowl, combine butter, confectioners' sugar and vanilla. Add enough milk to achieve desired consistency. Frost cake. Sprinkle with toasted pecans.

Mother's Day

ACROSS

1. Bundle of joy.
4. Female parent.
5. Popular flower for Mother's Day.
9. Official Mother's Day flower in many countries.
11. Sparkling accessory.
13. Where the heart is.
14. Sweet treat loved by many moms.
17. Morning meal in bed.
18. Mom or Dad's mom.



DOWN

2. Inflated decoration.
3. Fragrant gift.
4. Sentiment shared on a card.
6. Sweet treats often given on Mother's Day.
7. Token of appreciation.
8. Hallmark purchase.
9. Sweet treat for celebrations.
10. Frozen sweet treat.
12. Unconditional feeling.
15. Morning beverage choice.
16. Warm embrace.



- Baby
- Balloon
- Breakfast
- Cake
- Candy
- Card
- Carnation
- Chocolate
- Coffee
- Gift
- Grandma
- Home
- Hug
- Ice cream
- Jewelry
- Love
- Message
- Mom
- Perfume
- RoseOpubl

AMELIA EARHART

Word Search



DIRECTIONS:
Find and circle
the vocabulary
words in the grid.
Look for them
in all directions
including
backwards and
diagonally.

T	Z	R	A	R	Z	F	Q	W	M	E	V	B	W	E	U	C	I	O
M	S	K	Z	P	U	T	N	A	M	W	W	T	M	I	R	I	N	L
F	G	R	M	V	C	E	P	F	N	U	V	G	X	M	O	F	T	U
K	S	U	I	D	R	O	C	E	R	E	R	O	O	J	T	I	W	O
O	L	O	S	F	X	A	A	M	N	Y	I	K	Z	J	A	C	Y	T
C	Q	K	Z	F	U	U	R	A	E	S	W	C	G	T	I	A	L	H
V	I	D	S	T	O	W	L	L	Y	R	A	N	A	C	V	P	E	N
H	Y	T	H	S	E	P	T	E	D	U	T	I	T	L	A	M	E	J
E	E	O	N	E	C	N	A	R	A	E	P	P	A	S	I	D	M	N
A	R	R	S	A	D	N	A	L	S	I	D	N	A	L	W	O	H	J
R	E	I	O	M	L	Z	N	L	R	O	T	A	G	I	V	A	N	V
H	S	L	J	I	D	T	K	A	P	X	V	A	Z	I	V	X	Z	R
A	N	L	O	T	N	B	A	O	N	I	G	F	I	V	U	S	Z	E
R	E	X	V	H	S	E	K	S	T	O	B	U	C	L	I	S	O	E
T	C	F	D	G	J	L	D	Z	N	M	O	J	N	I	E	F	K	N
F	I	R	L	I	E	B	F	Q	S	A	S	N	A	K	G	M	V	O
H	L	W	P	L	M	P	T	S	L	Y	R	E	K	Q	F	I	A	I
J	P	A	N	F	Z	P	S	U	O	R	U	T	N	E	V	D	A	P
A	L	C	I	R	C	U	M	N	A	V	I	G	A	T	E	X	E	M

ADVENTUROUS

ALTITUDE

AMELIA

AUTHOR

AVIATOR

BIPLANE

CANARY

CIRCUMNAVIGATE

DISAPPEARANCE

EARHART

FEMALE

FIRST

FLIGHT

HEROINE

HOWLAND ISLAND

KANSAS

LICENSE

MEELY

NAVIGATOR

NOONAN

PACIFIC

PIONEER

PLANE

PUTNAM

RECORD

SOLO

TRANSATLANTIC



AMERICA
★ 250 ★
The People
1776



DANCES

Word Scramble

DIRECTIONS: All of the scrambled words below are names for different dances. Can you put the letters in the right order to spell the different names correctly?

KEBAR	
GTAON	
KOLPA	
LBYEL	
ELHUTS	
MABMO	
OMBLI	
RMALLBOO	
CMFOAENL	
WITST	
LTWZA	
AUHL	
POHHIP	
SGINW	
ASSLA	
AURMB	
CROID	
BMLAADA	
ZDOYCE	
UNMIET	
AESUQR	
BEOLRO	
CCAN-NA	
ATLBEL	
XORTTFO	

2026 Fundraiser Trips

Volunteer Recycle Days 2026:

Contact Anne to volunteer!

(all are Saturdays from 8am-12noon)

June 20, July 25, Aug 22, and Oct 10



Indiana Fever WNBA Basketball! July 15-16

in Indianapolis to see

Fever vs Golden State Valkyries

at Gainbridge Fieldhouse.

Cost = \$525 (based on dbl occ)

**includes transportation, lodging, 2 meals,
souvenir ballcap, plus giveaways on the bus.**



**Just added:
Day Trip to The Beef House
Saturday Oct 31, 2026
to see Reunion at Hippie High
- A murder mystery show!**

Cost TBD



2027 Trips

Sedona's Red Rocks & Grand Canyon

= May 16-21, 2027 \$3624/person

Alaskan Cruise = June 15-27, 2027

Call for pricing = flyers available

London & Paris = October 5-14, 2027

Flyers available

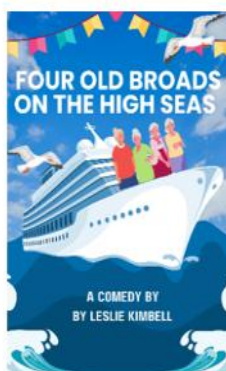
Day Trip:

Four Old Broads on The High Seas

The Beef House on Saturday September 26, 2026

Cost = \$149

Tickets are nonrefundable



RSVP Fundraiser: Pampered Chef!

**RSVP will be holding a Pampered Chef fundraiser
from June 7-17, 2026.**

**If you are getting ready for that summer BBQ or family reunion,
check out the wonderful items that Pampered Chef offers
to make your life in the kitchen so much easier!
More info will be in our June newsletter on how to place an order.
See Anne if you have any questions.**





**AmeriCorps
Seniors**

R.S.V.P.

Anne King 574-223-3716

rsvpanne84@yahoo.com



In memory of Helen Slisher

**R.S.V.P. would like to thank the following people for the
donations made to R.S.V.P. in memory of Helen Slisher**

Rochester's Class of 1964

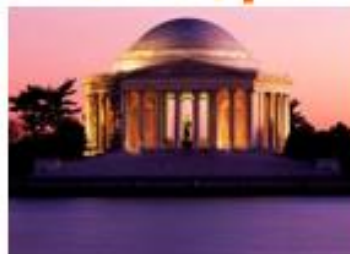
Helen Whitfield



**Day Trip: A Neil Diamond Tribute!
The Beef House on Thursday
August 27, 2026 Cost = \$149
Tickets are nonrefundable /**



**Washington DC =
October 1-5, 2026
Cost \$995/person**



BREAK
TANGO
POLKA
BELLY
HUSTLE
MAMBO
LIMBO
BALLROOM
FLAMENCO
TWIST
WALTZ
HULA
HIP HOP
SWING
SALSA
RUMBA
DISCO
LAMBADA
ZYDECO
MINUET
SQUARE
BOLERO
CAN-CAN
BALLET
FOXTROT

- 05/08 William Screeton
- 05/11 Robert Hudkins
- 05/14 Eddie Smoker
- 05/16 Elaine Bye
- 05/16 Connie Gamble
- 05/18 Christine Medeirose
- 05/23 Irene Howard
- 05/24 Vicki Onstott
- 05/25 Don Abbot
- 05/31 Donna Cannedy



Fulton County Community
Resource Center
625 Pontiac Street
Rochester, In. 46975
www.fultoncountycoa.com

Non-Profit Organization
U.S. Postage
PAID
Rochester, In.
Permit # 161

TO;



www.fultoncountywellness.com
574-223-3657



2024 MEMBER



RATES:

IN TOWN - \$2.00 PER TRIP

IN COUNTY - \$4.00 PER TRIP

SENIORS - DONATION ONLY



Important Numbers

Community Center

574-223-6953

Transpo

574-223-4213

R.S.V.P.

574-223-3716

Kitchen

574-223-8170

Fax

574-223-4962

Food Pantry

574-223-4802

Energy Assistance

574-223-7649

November – March