

JULY 2022

AREA FIVE AGENCY SENIOR MENU

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

DID YOU KNOW?

July is sometimes called the "Hay Month" because the grass dries out due to a lack of rain and can be harvested into hay.

MEAL SITE
CLOSED
ENJOY YOUR
DAY!



5
Chicken Strips
California Blend
Vegetables
Blueberries
Dessert
Roll
Milk

6
Hotdog with Relish
Bean Salad
Fruit Cup
Dessert
Bun
Milk

7
Chicken Salad
Baked Chips
Pickle Spears
Dessert
Bun
Milk

8
MEAL SITE
CLOSED
ENJOY YOUR
DAY!

11
Scalloped Potatoes
with Diced Ham
Green Beans
Cinnamon Peaches
Dessert
Roll
Milk

12
Turkey & Swiss
Hoagie
Kidney Bean Salad
Watermelon
Dessert
Milk

13
Cheese Omelet
Buttery Diced
Potatoes
Mandarin Oranges
Dessert
Biscuit
Milk

14
BBQ Chicken
Baked Beans
Coleslaw
Dessert
Cornbread
Milk

15
MEAL SITE
CLOSED
ENJOY YOUR
DAY!

18
Walking Taco
Beef Taco Meat
Lettuce & Tomatoes
Salsa/Sour Cream
Diced Pineapple
Dessert
Corn Chips
Milk

19
Chef Salad (with
Ham, Turkey & Egg)
Cup of Soup
Dessert
Bran Muffin
Milk

20
Chopped Steak
Brown Mushroom
Gravy
Mashed Potatoes
Cauliflower
Dessert
Wheat Bread
Milk

21
Chicken Parmesan
Spinach Salad
Diced Pears
Dessert
Breadstick
Milk

22
MEAL SITE
CLOSED
ENJOY YOUR
DAY!

25
Sloppy Jo
Green Beans
Blushed Pears
Dessert
Bun
Milk

26
Pork Chop
Rice Pilaf
Broccoli
Frozen Fruit Juice
Roll
Milk

27
Ham & Beans
Spinach
Corn Bread
Dessert
Milk

28
Chicken Burger
Sweet Potatoes
Cucumber
Watermelon Salad
Dessert
Bun

29
MEAL SITE
CLOSED
ENJOY YOUR
DAY!

*Be Mindful
Be Grateful
Be Positive
Be True
Be Kind*

